No 88/3, Ground Floor, 1st Main Road, Radha Krishna T. R. Nagar Bangalore- 560028 INDIA PH: +91-80 - 26764868 560028 <u>www.doi.onferences.com</u> Email. <u>doi.onference@gmail.com</u> GSTIN:29APKPP8361E1ZF

Ladakh Tourism

Ladakh is known as Land of High Passes and is located in Jammu and Kashmir State. Ladakh lies at an altitude from 9000 ft to 25170 feet. At these heights, you are on the roof of the world! Ladakh is well known for its mountains, high passes, scenic aura and its culture. Ladakh is in the highest region of the north, surrounded by the great Himalayan chain in the south. For many centuries, Ladakh has haunted traveler'sdreams. Countless temples and monasteries dot this magical land, landlocked in the mountains, and therefore, rightly called the Roof of the World. It is common in Ladakh to come across villages carved out of the veritable mountainside, stupas reaching the sky, monasteries virtually hanging from the cliffs and crags. Their interiors are filled with priceless antiques and art.



Ladakh is popular among the adventure lovers because of several activities which one can do on Ladakh tour, some of them are white water rafting, trekking, and biking at Khardung La Pass, Camping and Paragliding. It offers trekking options ranging from soft, short hikes through villages for amateurs, to long trans-mountain traverses involving weeks of walking & camping in the wilderness. For mountaineering enthusiasts, there are dozens of peaks and climbing sites to choose from. River Indus & its dramatic tributaries (Zanskar, Shayok, Suru etc.) provide rafting options, both for amateurs and professionals. Or you can go on exciting Jeep Safaris across some of the highest passes &vast plateaus of the world.

Leh-Ladakh, nestled in the Himalayas, is one of India's most stunning and adventurous destinations. Known for its breathtaking landscapes, vibrant culture, and thrilling activities

Tourism Highlights

Stunning Monasteries: Leh-Ladakh is home to ancient Buddhist monasteries (gompas) that offer spiritual tranquility and architectural beauty .**Hemis Monastery**: Known for its Hemis Festival and rich cultural heritage. **Thiksey Monastery**: A

Travel Support Services

World wide holidays - Corporate Meetings- Conferences- Exhibition- Incentive Holidays- Hotel Reservations-Car Rentals



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stunning hilltop monastery resembling Tibet's Potala Palace. **Diskit Monastery**: Famous for its giant Maitreya Buddha statue overlooking Nubra Valley. **Alchi Monastery**: Renowned for its ancient murals and Indo-Tibetan art.

Scenic Lakes: Pangong Lake: A mesmerizing, multicolored lake shared with Tibet, surrounded by arid mountains. Tso Moriri: A high-altitude lake known for its pristine beauty and as a haven for migratory birds. Tso Kar: A lesser-known saltwater lake offering solitude and stunning landscapes.

High Mountain Passes: Khardung La Pass: One of the highest motorable roads in the world, connecting Leh to Nubra Valley. **Chang La Pass**: En route to Pangong Lake, offers snow-covered views year-round. **Zoji La Pass**: A gateway to Ladakh from Srinagar with breathtaking vistas.

Nubra Valley: Sand Dunes: Experience desert landscapes and camel rides on the rare double-humped Bactrian camels. **Hunder Village:** Known for its scenic beauty and cultural heritage. **Diskit:** Houses the Diskit Monastery with panoramic valley views.

Adventure Activities: Trekking: Popular routes include Chadar Trek (on frozen Zanskar River), Markha Valley Trek, and Stok Kangri. Biking: Ride on challenging routes like Leh-Manali Highway or Leh-Srinagar Highway. White Water Rafting: Thrilling rapids on the Zanskar and Indus Rivers. Mountain Climbing: Peaks like Nun-Kun and Stok Kangri attract climbers.

Magnetic Hill: Experience the optical illusion of vehicles defying gravity at this unique spot near Leh.

leh Palace: A 17th-century palace offering panoramic views of Leh town and surrounding mountains. **Shanti Stupa**A white-domed stupa built for world peace, offering stunning sunrise and sunset views.

Zanskar Valley: One of the most isolated regions, known for rugged beauty, trekking, and the frozen Chadar Trek.

Local Culture and Cuisine : Traditional Villages: Visit places like Turtuk and Alchi for a glimpse of Ladakhi life. **Cuisine:** Savor delicacies like thukpa, momos, and butter tea. **Handicrafts:** Shop for pashmina shawls, prayer wheels, and apricot-based products.

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LEH LADAKH

(4 Nights 5 Days)

Day 1: Leh Arrival at Leh airport, to be received by our representative and transferred to the Hotel. Check in to the hotel for a complete day of rest for acclimatization, wherein welcome tea and coffee will be served by the Hotel. Post lunch visit Leh Market, Leh Palace and Shanti Stupa. Stay overnight in Leh.



Day 2: Leh to Nubra Valley (125 KM / 5-6 Hrs)

After breakfast, drive to Nubra Valley (Known as the Valley of Flowers and the warmest region in Ladakh) via Khardung La pass. This road is considered to be the highest motorable road of the world. Enroute, admire the spectacular views of the never ending snow-capped mountain ranges around Khardung La Pass (18,390 feet). After spending some time at Khardung La, proceed to Nubra. After Hotel check-in, enjoy camel Safari in the evening. Stay overnight stay in Nubra.

Day 3: Nubra to Pangong via Shyok (165 KM / 06 Hrs)

We will start the day following the same route towards Leh till we reach Khalsar. From the Agyam bridge, we will take the left route which leads us to the villages of Shyok and Durbuk. The road after Shyok is good but very steep. After Durbuk, take left towards Tangtse and follow the traditional route. Drive further to Pangong Lake one of the largest and most beautiful natural brackish lakes in the Himalayas. Situated at 14000 ft, more than half of the lake is within Chinese Territory and only one third part lies in India. Explore the lake area, might catch some rare wildlife. Stay Overnight in Pangong.



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Day 4: Pangong Lake to Leh (155 KM / 05 Hrs)

Early morning enjoy the picturesque view of Sun rise on the lake. After breakfast drive back to Leh, take a short halt at Changla Pass to enjoy a cup of hot steaming tea. Stay overnight in Leh.

Day 5: Leh

Early morning transfer to Leh airport to board flight back to destination. Journey ends with Sweet Memories of Ladakh.

Tour Ends