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7 Sisters Tourism (Arunachal Pradesh, Assam & Meghalaya)



The Seven Sisters of Northeast India refers to the seven contiguous states in the northeastern region of India: Arunachal Pradesh, Assam, Meghalaya, Manipur, Mizoram, Nagaland, and Tripura. These states are known for their stunning landscapes, diverse cultures, rich biodiversity, and unique tribal traditions. The Common geography of all the 3 sisters are Rolling hills, dense forests, and scenic river valleys.

TOURISM HIGHLIGHTS

Arunachal Pradesh: Capital: Itanagar Known For: Often called the "Land of the Rising Sun," as it is the easternmost state in India. Majestic Himalayan landscapes, dense forests, and river valleys. Tawang Monastery, one of the largest Buddhist monasteries in India. Scenic beauty of Ziro Valley, Sela Pass, and Namdapha National Park. Adventure: Popular for trekking, rafting, and mountaineering.

Assam : Capital: Dispur (Guwahati is its largest city) Known For: The mighty Brahmaputra River, which dominates the geography of the state.

Travel Support Services



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Kaziranga National Park and Manas National Park, both UNESCO World Heritage Sites. Assam Tea, globally renowned for its rich flavor and aroma. The cultural festival of Bihu, celebrating harvest seasons. Adventure: River cruises on the Brahmaputra, wildlife safaris, and birdwatching.

Meghalaya: Capital: Shillong, known as the "Scotland of the East." Known For: Lush greenery, waterfalls, and living root bridges in places like Cherrapunji (Sohra) and Mawlynnong. Mawsynram, the wettest place on Earth. Umiam Lake and the clean village of Mawlynnong. Adventure: Caving in Mawmluh and Siju caves, trekking, and exploring the picturesque countryside.



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TOUR ITINERARY

(04 Nights 05 Days)

Shillong (03 Nts) & Guwahati (01 Nts)

Day 01 Arrival Guwahati Airport (GAU) / Guwahati Railway Station (GHY) - Shillong

Guwahati (1148 Ft / 350 Mts) Shillong (5002 Ft / 1525 Mts, 140 Kms / 03 to 04 Hrs drive approx)

Arrive Guwahati Airport (GAU) / Guwahati Railway Station (GHY) & transfer to Shillong. Enroute visit **Umium Lake** (also known as Barapani Lake), a majestic placid lake with its surrounding sylvan hills. Upon reaching check in & overnight at Shillong.

Note:

1. Sightseeing could only get incorporated if guest has early arrival.



Day 02 Shillong – Excursion to Cherrapunjee – Shillong

Cherrapunjee (4690 Ft / 1430 Mts, 60 Kms / 02 to 03 Hrs drive approx oneway)

After breakfast, today go a day excursion to Cherrapunjee. Enroute visit **Elephant falls**. At Cherrapunjee visit **Garden of Caves**, **Arwah Cave / Mawsmai Cave**, **Seven Sisters Falls** and **Nohkalikai Falls**. Later drive back to Shillong. Overnight in Shillong.

Travel Support Services

World wide holidays - Corporate Meetings- Conferences- Exhibition- Incentive Holidays- Hotel Reservations-Car Rentals



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Note: 1. *Most of the waterfalls get dried up in winter.*



Day 03 Shillong - Excursion to Mawlynnong - Dawki - Shillong

Mawlynnong (4906 Ft / 1496 Mts, 80 Kms / 03 to 04 Hrs drive approx one way)

Dawki Lake (5904 Ft / 1800 Mts / 30 Kms / 01 to 02 Hrs drive approx)

Wake up early and have your breakfast and drive to Mawlynnong. Today you can explore the **cleanest village Mawlynnong**. Also visit **Single living Root Bridge**. (45 mins gradual walk downwards / 1 hour gradual walk upwards)

Destinations of India (Premium Meeting & Travel Company)

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After lunch drive to **Dawki.** Dawki is the gateway to Bangladesh where major export and import transactions take place. It is a splendid drive of 30 kilometers passing through deep gorges and ravines, which is certainly a thrilling experience. On approaching Dawki is the Umngot River, The Umngot River is the natural boundary between Ri Pnar or Jaintia Hills with Hima Khyrim of Khasi hills over which a single span suspension bridge was constructed. Drive back to Shillong for overnight stay.

Note: Most of the waterfalls get dried up in winter.

Day 04 Shillong - Guwahati

Guwahati (1148 Ft / 350 Mts, 140 Kms / 03 to 04 Hrs drive approx)

After breakfast check out and proceed to Guwahati. On time in the evening go for **River Cruise** (on direct payment & subjected to operational condition). Upon reaching, check in & over night at Guwahati.

Optional: 1.Brahmaputra River Sunset Cruise / Brahmaputra River Dinner Cruise (Subjected to water level & operational condition). For rate, kindly refer to Supplement & Optional Cost Column, given below the main package cost.

Day 05 Guwahati - Guwahati Airport (GAU) / Guwahati Railway Station (GHY) for departure

Travel Support Services



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Guwahati (1148 Ft / 350 Mts, 25 Kms / 01 Hrs drive approx)

After breakfast transfer to Guwahati Airport (GAU) / Guwahati Railway Station (GHY) for onwards connection.

Tour ends

Request for Optional Tour Itineraries to explore.

0 4 NIGHTS /5 DAYS Destinations : 03 SHILLONG & 01 GAUWAHATI

05 Nights / 06 Days Destination : Cherrapunjee (02 Nts), Shillong (02 Nts) & Guwahati (01 Nt)

05 Nights / 06 Days Destination : Shillong (03 Nts) & Kaziranga National Park (02 Nts)

06 Nights / 07 Days Destination : Bhalukpong / Tezpur / Blipara (01 Nt) - Dirang (01 Nt), Tawang (02 Nts), Dirang (01

Nt) & Guwahati (01 Nt)

08 Nights / 09 Days : Bhalukpong / Tezpur / Blipara (01 Nt), Dirang (01 Nt), Tawang (03 Nts),

Dirang (01 Nt) & Guwahati (02 Nts)