

Destinations of India

(Premium Meeting & Travel Company)

No 88/3, Ground Floor, 1st Main Road, Radha Krishna T. R. Nagar Bangalore- 560028 INDIA PH: +91- 80 – 26764868 560028

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GSTIN:29APKPP8361E1ZF

7 Sisters -Tourism

(Arunachal Pradesh, Assam & Meghalaya)



The Seven Sisters of Northeast India refers to the seven contiguous states in the northeastern region of India: Arunachal Pradesh, Assam, Meghalaya, Manipur, Mizoram, Nagaland, and Tripura. These states are known for their stunning landscapes, diverse cultures, rich biodiversity, and unique tribal traditions. The Common geography of all the 3 sisters are Rolling hills, dense forests, and scenic river valleys.

TOURISM HIGHLIGHTS

Arunachal Pradesh: Capital: Itanagar Known For: Often called the "Land of the Rising Sun," as it is the easternmost state in India. Majestic Himalayan landscapes, dense forests, and river valleys. Tawang Monastery, one of the largest Buddhist monasteries in India. Scenic beauty of Ziro Valley, Sela Pass, and Namdapha National Park. Adventure: Popular for trekking, rafting, and mountaineering.

Assam : Capital: Dispur (Guwahati is its largest city) **Known For:** The mighty Brahmaputra River, which dominates the geography of the state.

Travel Support Services

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Kaziranga National Park and Manas National Park, both UNESCO World Heritage Sites. Assam Tea, globally renowned for its rich flavor and aroma. The cultural festival of Bihu, celebrating harvest seasons. Adventure: River cruises on the Brahmaputra, wildlife safaris, and birdwatching.

Meghalaya : Capital: Shillong, known as the "Scotland of the East." Known For: Lush greenery, waterfalls, and living root bridges in places like Cherrapunji (Sohra) and Mawlynnong. Mawsynram, the wettest place on Earth. Umiam Lake and the clean village of Mawlynnong. Adventure: Caving in Mawmluh and Siju caves, trekking, and exploring the picturesque countryside.

TOUR ITINERARY

(5 N 6 DAYS)

(Cherrapunjee (02 Nts), Shillong (02 Nts) & Guwahati (01 Nt))

Day 01 Guwahati Airport (GAU) / Guwahati Railway Station (GHY) - Cherrapunjee

Guwahati (1148 Ft / 350 Mts)

Cherrapunjee (4690Ft / 1430 Mts, 200 Kms / 05 to 07 Hrs drive approx)



Meet and Greet on arrival at Guwahati Airport (GAU) / Guwahati Railway Station (GHY) and transfer to Cherrapunjee. En route you will visit the largest manmade lake of Northeast India – **Umiam Lake** (also known as Barapani Lake), **Elephant Fall & Duwan Sin Syiem (View Point)**. Reached Cherrapunjee, check in at the Hotel. Overnight at Cherrapunjee.

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Note:

01. Guests are requested to book early arrival flight. Sightseeing only possible if guest are arriving in morning.
02. Most waterfalls get dried in winter.

Day 02 Cherrapunjee – Double Decker – Cherrapunjee (Closed on Sunday)

Cherrapunjee (4690 Ft / 1430 Mts)

After breakfast go for a trek to Double Decker Living Root Bridge – **3 to 4 hours walk oneway from the starting point** (*depending on the Fitness of the guest*). The distance cover is around 4 km one-way with down and up of 1000 feet height approx. This trek goes downhill through village Sohsharat. The steps are relatively steeper in two short stretches. Half the distance is covered by steps going downhill.



Then there is a jungle path going along the sides of the hill leading to the Living Root Bridge with a few steps after short stretches of sloping foot path. Moss thrives on these sandstone steps during the monsoon and makes them slippery, hence one need to be extra careful. Later trek back to the starting point and then board your vehicle to drive back to the hotel. Overnight at Cherrapunjee.

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Note: 1. Rainbow waterfalls is further 01 hour walk from Double Decker Route Bridge Point. In case, guests want to cover, is based on individual choice & fitness level, they need to inform the driver accordingly.

Optional : 2. Assistance of a local boy is mandatory for the trek to Double Decker Living Root Bridge. For rate, kindly refer to Supplement & Optional Cost Column, given below the main package cost.

OR

Cherrapunjee – Local Sightseeing - Cherrapunjee Cherrapunjee (4690Ft / 1430 Mts)

After breakfast visit – **Garden of Caves, Arwah Cave / Mawsmmai Cave, Seven Sisters Falls and Nohkalikai Falls.**
Later drive back to hotel. Overnight stay at Cherrapunjee.

Notes: *Most of the waterfalls get dried up in winter.*

Day 03 Cherrapunjee – Mawlynnong – Dawki – Shillong (Long & Tiring Day)

Mawlynnong (4906 Ft / 1496 Mts, 80 Kms / 03 to 04 Hrs drive approx oneway from Cherrapunjee)

Dawki Lake (5904 Ft / 1800 Mts, 30 Kms / 01 to 02 Hrs drive approx oneway from Mawlynnong)

Shillong (5002 Ft / 1525 Mts, 90 Kms / 03 to 04 Hrs drive approx oneway from Dawki Lake)



Wake up early and have your breakfast and drive to Mawlynnong. Today you can explore the **cleanest village Mawlynnong**. Also visit **Single living Root Bridge**. (45 mins gradual walk downwards / 1 hour gradual walk upwards)

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After lunch drive to **Dawki**. Dawki is the gateway to Bangladesh where major export and import transactions take place. It is a splendid drive of 30 kilometers passing through deep gorges and ravines, which is certainly a thrilling experience. On approaching Dawki is the Umngot River, The Umngot River is the natural boundary between Ri Pnar or Jaintia Hills with Hima Khyrim of Khasi hills over which a single span suspension bridge was constructed. Drive to Shillong for overnight stay.

Note 1. *Most of the waterfalls get dried up in winter.*

Day 04 Shillong- Excursion to Mwaphlang + Shillong local Sightseeing – Shillong

Mwaphlang (4906 Ft / 1496 Mts, 30 Kms / 01 to 01 ½ Hrs drive approx one way from Shillong)

After breakfast go for a excursion to **Mawphlang Sacred Forest**. Later proceed for the local sightseeing visit **Don Bosco Museum** (Sunday Closed), **Ward's Lake** (Closed on Tuesday) located at the heart of the city which is popular for its garden walks and boating, **Lady Hydari Park** (Closed on Monday) & **Cathedral of Mary**. Overnight Stay at Shillong.



Day 05 Shillong- Guwahati Half Day Sightseeing (Temple)

Guwahati (1148 Ft / 350 Mts, 140 Kms / 03 to 04 Hrs drive approx)

After breakfast check out and proceed to Guwahati & depending on the availability of time, sightseeing of **Umananda Shiv Temple** (Ferry Charge on direct payment) & **Navegraha Temple**. On time in the evening go for

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River Cruise (*on direct payment & subjected to operational condition*). Upon reaching, checkin & over night at Guwahati.

OR

Shillong- Guwahati Half Day Sightseeing (Non Temple)

Guwahati (1148 Ft / 350 Mts, 140 Kms / 03 to 04 Hrs drive approx)

After breakfast & depending on the availability of time, sightseeing of **Science Museum** (Closed on Monday) OR **Sankardev Kalakheta** OR **Pragjyotika Assam Emporium** (Closed on Sunday) On time in the evening go for **River Cruise** (*on direct payment & subjected to operational condition*). Upon reaching, checkin & over night at Guwahati.

Notes: 1.The completion of suggested sightseeing will be subjected to time spent by the guest at each sightseeing places.

Optional: 1. **Brahmaputra River Sunset Cruise / Brahmaputra River Dinner Cruise** (Subjected to water level & operational condition). For rate, kindly refer to Supplement & Optional Cost Column, given below the main package cost.



Day 06 Guwahati - Guwahati Airport (GAU) / Guwahati Railway Station (GHY) for departure

Guwahati (1148 Ft / 350 Mts, 25 Kms / 01 Hrs drive approx)

Morning visit **Kamakhya Temple** (*Outer view - VIP tickets on own arrangement*). Back to hotel for breakfast.

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After breakfast transfer to Guwahati Airport (GAU) / Guwahati Railway Station (GHY) for onwards connection.

TOUR ENDS

Request for Optional Tour Itineraries to explore :

0 4 NIGHTS / 5 DAYS Destinations : 03 SHILLONG & 01 GAUWAHATI

05 Nights / 06 Days Destination : Cherrapunjee (02 Nts), Shillong (02 Nts) & Guwahati (01 Nt)

05 Nights / 06 Days Destination : Shillong (03 Nts) & Kaziranga National Park (02 Nts)

06 Nights / 07 Days Destination : Bhalukpong / Tezpur / Blipara (01 Nt) - Dirang (01 Nt), Tawang (02 Nts), Dirang (01 Nt) & Guwahati (01 Nt)

08 Nights / 09 Days Destination: Bhalukpong / Tezpur / Blipara (01 Nt), Dirang (01 Nt), Tawang (03 Nts), Dirang (01 Nt) & Guwahati (02 Nts)

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